

**Name:**           **Paidushko Horo**  
**Origin:**       **Bulgaria**

**Source:**       **Folk Dance Federation of  
California**

(Bulgaria-Macedonia)

Paidushko Horo (Pie-DOOSH-koh hoh-ROH) is a dance type found widespread in Bulgaria and Macedonia.

Each village has one or more variants of the dance, but the characteristic 5/16 rhythm is common to all.

Gordon Engler at the Dancers presented this version, frequently referred to as a "basic Paidushko," to dancers of the Folk Dance Federation of California, Institute held in connection with their Statewide Festival in San Francisco, California, in May, 1958.

Music: Record: Xopo X-309A "Paidushko Horo" (Preferred)  
Xopo 306 "Paidushkata"; Kime Nanchoff  
(Delmar) #7 "Paidusko Horo"

Formation: Broken circle of dancers facing LOD, hands joined down at sides, with a leader at R end of line. M and W dance in the same circle, but ptrs are not required. Wt is on L ft.

Steps and styling: The irregular 5/16 meter (2/16 + 3/16) may be counted 1-2, 1-2, etc., with the second beat of the measure accented by holding it a bit longer than the first. The dance pattern consists of ten meas and the musical phrase eight. Leader may select the first beat of any phrase to begin the dance. All steps are done with knees slightly bent. There are no large, showy steps in this simple Paidushko.

Music 5/16

### **Description:**

Measure 1

Moving fwd in LOD, hop on L (ct 1); step fwd on R, raising L ft slightly in front of R (ct 2). Repeat action of meas 1 with opp ftwork (cts 1-2).

Measure 3-4

Repeat action of meas 1-2.

Measure 5

Bending very slightly fwd, turn to face ctr and bring R ft around in a low arc to step in front of L (ct 1); step to L on L (ct 2). This is frequently described as a "limping" step.

Measures 6-7

Repeat ftwork of meas 5 two more times, still moving RLOD.

Measure 8

Resume erect posture, facing ctr, and hop on L (ct 1); step on R beside L (ct 2).

Measure 9

Repeat action of meas 8 with opp ftwork.

Measure 10

Step on R in front of L (ct 1); step back on L, turning to face LOD (ct 2).

NOTE: Dance is easily remembered as 4 hop-steps, 3 step-steps, 2 hop-steps, 1 step-step.

**Name:            Paidushko Horo**

**Origin:           Bulgaria**

**Source:           Dick Oakes' Folk Dance**

### **Descriptions**

Pronunciation: pai-DOOSH-koh hoh-ROH.

Translation: Drunken dance.

Source: Dick Oakes learned this dance from Balkan immigrants in Los Angeles, California.

Background: Pajduško Horo is one of the most popular dances throughout Bulgaria. Almost every village or town in the country has its own version of the dance. The dance motif described below is a basic pajduško.

Music: Nash Pesen (LP) NP-595, side 2, band 4 "Gjura Beli Belo Platno" XOPO (45rpm) X-309 XOPO (45EP) XEP-309 XOPO (45rpm) X-325 XOPO (LP) XLP-2, side 2, band 5 XOPO (LP) XLP-

3, side 2, band 2 XOPO (LP) XLP-4, side 1, band 4 Monitor (LP) MF 348, side 2, band 1 "Gjura Beli Belo Platno" Folkdancer (45rpm) MH 45-3039 NAMA (LP) 1001, side B, band 6 Slavjani Folklore Society Records (LP) Sla 1000, side 2, band 5 or any other Bulbarian pajduško music.

Formation: Open cir of mixed M and W with hands joined and held down in "V" pos. End dancers may flourish a handkerchief or place free hand on hip.

Rhythm: 5/8 (5/16). The rhythm is quick-SLOW (2-3) and is counted below as two dancers' beats.

Steps/Style: HOP: This is actually a low hop (or "Lift") where the ball of the ft does not leave the floor. The dance is composed of hop-steps and step-steps. Alternating between the two, first dance 4 hop-steps, 3 step-steps, 2 hop-steps, and 1 step-step. This pattern is sometimes referred to as the "4-3-2-1" pajduško. HANDS AND ARMS: The hands and arms, which are kept extended and not bent at the elbows, swing bwd about 35 degrees on the second beat of each odd-numbered meas (1, 3, 5, 7, 9) and fwd about 35 degrees on the second beat of each even-numbered meas (2,4,6,8, 10).

Introduction: None. Leader starts with any musical phrase.

## **Description:**

- 1 Facing slightly R of ctr, low hop on L with R extended out and down to R in preparation for next bt (bt 1); step swd R (bt 2);
- 2 Low hop R (bt 1); step L across in front of R (bt 2);
- 3-4 Repeat action of meas 1-2.
- 5 Facing ctr, and with a very quick motion of the R leg, step R in front of L twd ctr (bt 1); step slightly swd L (bt 2);
- 6 Step R in front of L (bt 1); step slight swd L (bt 2);
- 7 Step R in front of L (bt 1); step slight swd L (bt 2);
- 8 Facing ctr, low hop L (bt 1); step bwd R (bt 2);
- 9 Low hop R (bt 1); step bwd L (bt 2);
- 10 Facing ctr, step R in front of L (bt 1); step L in place (bt 2).

Repeat entire dance from beginning.

Note: During meas 5,6,7, many dancers lean slightly fwd from the hips.